



## Swanton Central School Royals Basketball Program Expectations

### **GENERAL REQUIREMENTS**

- Proper respect and eye contact should be given at all times to teammates, coaches, referees, and opposing teams. Treat others the way you want to be treated.
- Make coach aware of any injuries right away or before practice begins.
- Learn to be an intelligent soccer player and develop problem solving skills.
- Do things the right way.

### **ACADEMIC/ATHLETIC EXPECTATIONS**

- Remember, you're a student first so keep up with all your schoolwork. If you need to miss a practice to make up any work, do it. You won't be penalized for anything you need to do academically on the playing field.
- Make sure you've had a physical within the last two (2) years and it's on file with the school nurse.

### **PLAYER EXPECTATIONS**

- All players are expected to be at practice on time. The responsibility is yours to notify your coach if you're going to be late or not at practice.
- Come with a serious ATTITUDE and be ready to practice hard.
- Be respectful of ALL your teammates.
- Make sure your ball is clearly marked to signify it belongs to you.
- No jewelry is to be worn during practice or games. This includes rubber/plastic bracelets.
- Each player must bring their own water bottle, shinguards and cleats or turf shoes to practice and games.
- Sweatpants are not to be worn to practices or games. Spandex is acceptable on cold days.
- Be prepared to play any position the coach feel will best help the team.

### **AFTER SCHOOL, BEFORE PRACTICE EXPECTATIONS**

- Change into practice clothes (no cleats in the building).
- Check in with the Athletic Director to receive directions on where to be (no loitering in unapproved areas).
- Wait appropriately/patiently until your coach arrives.

### **PARENT EXPECTATIONS**

- Once practices and games end, please be present to pick up your child at the designated time.
- Assist your child in attending school everyday; if your child is home sick they will not be allowed to participate in practice or play in a game that day.
- The following are issues not appropriate to discuss with coaches: playing time, team strategy, play calling or other student athletes

- Sportsmanship and respect will be a program-wide emphasis. We ask that parents be respectful to other fans, players, referees and the coaches. Parent Coaching from the sidelines confuses the players and makes the coaches' job harder.
- Once the season is over, uniforms will need to be returned. If not, the student/family will be responsible for replacing the uniform.
- Remember that fair is not always equal.

**IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH, THE PROCEDURE TO FOLLOW IS:**

1. Please do not attempt to confront a coach before or after a contest. These can be emotional times for both parent and coach. Meetings of this nature do not promote resolution.
2. When properly approached after a practice or via phone, coaches will be open to talking regarding your student/athlete.
3. If that interaction did not provide a satisfactory resolution, parents can contact the Athletic Director by calling the school (868-4290 ext. 109) and set up an appointment to discuss the situation. \*There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position.

My parent/guardian and I have read these expectations and by signing below we agree to follow the program expectations.

Student Name: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Coaches Signature: \_\_\_\_\_ Date: \_\_\_\_\_